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Evolutions of SIFs of concrete under sustained loading by considering the effects of stress relaxations

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25 Abstract

26 Sustained loading has an important impact on concrete structures in service due to deteriorations of
27 material properties and degradations of durability. Sustained loading and three-point bending (TPB)
28 tests were carried out to study the influence of long-term loading on the fracture of concrete. The
29 specimens were firstly tested under three load levels, i.e. 30% and 60% of the maximum load and the
30 crack initiation load over 30 days. After that, these specimens were removed from the loading frames
31 and immediately loaded up to failure under static TPB loading. The critical crack propagation length
32 (Δa_c), the initial cracking load (P_{ini}), the peak load (P_{max}) and the fracture energy (G_f) were obtained
33 in the TPB tests. Accordingly, the initial fracture toughness (K_{IC}^{ini}) and the unstable fracture toughness
34 (K_{IC}^{un}) were determined by considering the stress relaxation at the pre-crack tip. Furthermore, the
35 fracture properties of concrete affected by the long-term loading can be obtained by comparing with
36 those from the static TPB tests. The results indicated that the stress relaxation at the pre-crack tip
37 caused by the viscoelasticity of concrete led to the increases in P_{ini} and P_{max} , but had almost no
38 effects on Δa_c and G_f . The formulae for calculating K_{IC}^{ini} and K_{IC}^{un} from linear elastic fracture
39 mechanics would no longer be appropriate for those creep specimens and would overestimate the
40 values of K_{IC}^{ini} and K_{IC}^{un} . By taking into account the stress relaxation, the calculated values of K_{IC}^{ini} and K_{IC}^{un}
41 for the creep specimens were almost the same as those under the static loading. Therefore, the values
42 of K_{IC}^{ini} and K_{IC}^{un} derived from the static TPB tests can still be used to evaluate the cracking-resistance of
43 concrete materials and the stability of concrete structures under different load levels.

44 **Keywords:** Concrete; Fracture properties; SIF; Sustained loading; Stress relaxation.

45

46 Introduction

47 Special concrete structures, such as nuclear reactor containments, cooling towers and gravity
48 dams, are usually subjected to long-term external loading during their service life, where the
49 deformations and stress levels in the structures will change over time, which may induce the decrease

50 of the load-carrying capacity and weaken the integrity and stability. Therefore, it is significant to have
51 a deep understanding of the impact of long-term loading on the mechanical and fracture properties of
52 concrete, so that safe operations of the structures can be comprehensively assessed and ensured. In the
53 analyses on the fracture behaviors of concrete structures under long-term loading, the loading level
54 together with the load duration have an important impact on the initiation and propagation of internal
55 cracks. In common practice, low loading levels cause linear creep deformations and the resulting
56 instantaneous viscoelastic characteristics of concrete remain linear. Under high loading levels, on the
57 contrary, internal cracks propagate and interact with viscoelasticity, leading to nonlinear responses of
58 concrete structures and even triggering the failure of the whole structures. In past decades, many
59 investigations have focused on the time-dependent fracture of concrete in academic and engineering
60 fields (Bažant and Li 1996; Barpi et al. 1999; Valente and Barpi 2011).

61 Under high sustained loading levels, the creep can usually be divided into three stages (Zhou
62 1992; Bažant and Xian 1997). In the primary stage, the creep rate is high and gradually decreases to
63 form a plateau over the time. After that, the creep rate keeps constant in the following creep stage.
64 Along with the damage evolution, creep process enters into the tertiary stage and leads to the final
65 structure failure. Zhou (1992) studied the time-dependent fracture of concrete under different high
66 loading levels, i.e. $P/P_{\max} = 0.92, 0.85, 0.80$ and 0.76 , and his results showed that the concrete
67 specimens failed under high load levels in the long-term loading tests, while the fracture energy was
68 almost not affected by the sustained load conditions. Bažant and Xian (1997) investigated the growth
69 of cracks in the concrete under various high sustained loading levels, and their results showed that the
70 load levels had a significant impact on the service life of concrete structures, which decreased with the
71 increase of the loading levels. They also confirmed the time-dependent fracture was not caused by the
72 viscoelastic characteristics of concrete, but due to that time-dependent crack growth, which would
73 dominate the crack opening displacement in the final creep stage. Saliba et al. (2014) observed similar
74 phenomena by using the acoustic emission technique to analyze the damage evolution under sustained

75 loading. Bažant and Gettu (1992) experimentally studied the influence of loading rate on the fracture
76 behavior of concrete structures, and their results showed that there was a strong correlation between
77 the crack growth and the viscoelastic characteristics of the materials, which resulted in the decrease in
78 the fracture toughness, fracture energy and residual load-carrying capacity of concrete at a slower
79 loading rate. Their experimental results can be explained by using the relaxation of the cohesive stress
80 and energy barrier in the fracture process zone (FPZ) during the crack propagation. Based on the
81 extensive experimental studies and theoretical analyses, several time-dependent models have been
82 proposed to investigate the nonlinear creep in concrete. For examples, the model based on the
83 activation theory for bond ruptures by Li and Bažant (1997) and the damage mechanics model coupled
84 with linear viscoelasticity by Mazzotti and Savoia (2003) have been widely used for simulating the
85 time-dependent fracture of concrete. Meanwhile, considering most of concrete structures, in practical
86 engineering, do not fail but maintain equilibrium and integrity under long-term loading, the fracture
87 properties of concrete after sustained loading need to be further explored.

88 Under low sustained loading levels, no crack propagations will happen so that the linear
89 viscoelastic characteristics of concrete govern the deformations and stress distributions in concrete
90 structures. Saliba et al. (2010; 2012) investigated the fracture behavior of concrete by conducting
91 three-point bending (TPB) tests on the specimens after long-term loading tests, and found that the
92 sustained loading led to a consolidated effect in the compressive zone of the concrete beam, which
93 accordingly would increase the fracture energy, fracture toughness and residual load capacity of the
94 concrete specimens. In contrast, Omar et al. (2009) obtained the reverse conclusion under the same
95 experimental conditions by indicating that the low sustained loading levels had little impact on the
96 residual capacity and the fracture energy decreased compared with the results from the static tests. The
97 investigations carried out by Dong et al. (2018a; 2018b) and Rong et al. (2019) mainly focused on
98 the influence of long-term loading on tension-softening constitutive and fracture process zone as well
99 as the size effect on fracture properties of concrete after sustained loading. Compared with the static

loading condition, a smaller free-stress crack opening displacement would be achieved after long-term loading, and the full FPZ length would decrease accordingly. Meanwhile, the obvious size effects on the fracture properties of concrete after sustained loading were observed.

Creep and relaxation are different characteristics of one identical physical phenomenon for viscoelastic material like concrete (Oza et al. 2003). Stress relaxation is accompanied by the occurrence of creep and will lead to stress re-distributions in concrete elements. According to the researchers, the initial stress would be released with a considerable portion due to the occurrence of stress relaxation (Oza et al. 2003; Beushausen et al. 2012; Hamed 2016), so that the influence of the stress relaxation on the fracture properties of concrete after long-term load should not be neglected. For the pre-notched three-point bending beams under low sustained load, there is a significant stress concentration existing at the tip of pre-notched (Bažant and Gett 1992). Due to the occurrence of stress relaxation, stress concentration will be reduced, resulting in the decrease of stress intensity factor (SIF). As a result, the linear elastic fracture mechanics (LEFM) cannot be employed to calculate the fracture parameters of concrete without considering the effect of the material viscoelasticity. Therefore, it is significant to develop a calculation method to derive the SIF under low sustained load, so that the effect of the viscoelasticity in concrete on the fracture properties can be assessed more compressively.

The initial and unstable fracture toughness, i.e. K_{IC}^{ini} , and K_{IC}^{un} in double- K theory have been applied to determine the crack initiation and unstable propagation of concrete structures (Xu and Reinhardt 1999a, b, c). Many studies have been conducted to investigate the influence of concrete strength (Xu and Zhu 2009), aggregate size (Zhang et al. 2010), specimen boundary (Xu and Reinhardt 1999c; Kumar and Barai 2009) and specimen size (Kumar and Barai 2008; Zhang and Xu 2011) on these two toughnesses. The results indicated that K_{IC}^{ini} , and K_{IC}^{un} can be regarded as the material parameters in the assessment of anti-cracking and stability of concrete structures. There is a RILEM recommendation on the testing methods to obtain the double- K parameters (RILEM 1990). In addition, the initial fracture toughness was also introduced in the crack propagation criterion to

determine the crack evolution and calculate the crack resistance (Dong et al. 2013a, b). However, it should be noted that all studies on the double- K parameters were conducted under a static load condition. To the best of author's knowledge, there is no report on the effect of long term load on double- K fracture parameters. For concrete under long-term loading, the fracture properties of the concrete cannot be reflected by those obtained from static loading due to the viscoelastic properties of concrete. Therefore, from the point of view of practical application, it is more significant to study the variation of the double- K parameters under sustained load, so that the anti-cracking and fracture stability of the structures can be assessed more objectively.

The main purpose of this paper is to study the influence of long-term load on double-fracture parameters of concrete under TPB load. Firstly, the creep tests on concrete TPB specimens were tested with three load levels, i.e., $30\%P_{\max}$, $60\%P_{\max}$ and crack initiation load. After the creep test, the TPB fracture test were carried out, and the initial cracking and peak load, critical crack propagation length were tested. Through considering the stress relaxation at the tip of crack, the initial and unstable fracture toughnesses were calculated numerically. Hence, the impacts of sustained loading on the double- K parameters were discussed.

Experimental Programs

Specimen preparations

The dimensions of the concrete specimens adopted in this study were $500\text{ mm} \times 100\text{ mm} \times 100\text{ mm}$ (length $\times$ width $\times$ depth) with a pre-notch of 30 mm. Portland cement with the strength grade of 42.5 MPa, coarse aggregate with the maximum size of 10 mm and river sand with the maximum size of 5 mm were used for making the specimens. The mix proportions were cement : water : sand : aggregate = 1 : 0.60 : 2.01 : 3.74 by weight. One day after casting, the specimens were demolded and then kept in the curing room with $20 \pm 2\text{ }^{\circ}\text{C}$ and 90% relative humidity (RH) over 28 days. After that, the concrete prism specimens of $300\text{ mm} \times 150\text{ mm} \times 150\text{ mm}$ were used to determine the elastic modulus, and the 150 mm cube specimens were used to determine the compressive strength and the

150 splitting tensile strength. The test methods were recommended by GB/T50081 Standard for Test
151 Method of Mechanical Properties on Ordinary Concrete (NSPRC 2003). The elastic modulus (E),
152 compressive strength (f_c) and splitting tensile strength (f_t) measured at the age of 28 days are listed in
153 Table 1.

154 *Creep tests*

155 To calibrate the applied load in the sustained loading tests, three specimens were tested under the
156 standard TPB loading to obtain the peak load $P_{\max}$ with a mean value of 4.05 kN. The creep
157 specimens were loaded in frames which were specifically designed for the creep tests, as shown in
158 Fig. 1. The load was applied to the specimen by turning the bolt. To ensure that the applied load
159 accurately reached to the specified load, a load cell was connected onto the bolt and the data
160 collection system with digital display was used to record the load instantaneously. The sustained
161 loading tests were carried out in a room with $20 \pm 2^\circ\text{C}$ and 50% RH. Double-layer aluminium paper
162 was pasted to the specimens to prevent the loss of moisture.

163 To study the time-dependent response of concrete under different load levels, $30\%P_{\max}$ ($30\% \times$
164 $4.05 = 1.22$ kN), $60\%P_{\max}$ ($60\% \times 4.05 = 2.43$ kN) and the crack initiation load were utilized in the
165 sustained loading tests. Three specimens were adopted for each loading level. To obtain the crack
166 initiation load, four strain gages were symmetrically attached at a distance of 5 mm to the tip of
167 pre-notch on both sides of each specimen. The readings of the strain gages increased with the
168 increase of the applied load under the static TPB loading. Once a new crack formed, the readings of
169 the strain gages would decrease because of the release of the strain energy stored around the crack tip
170 (Dong et al. 2013a). Thus, the crack initiation loads for the three creep specimens were determined as
171 2.70 kN, 2.75 kN and 2.79 kN, respectively. It should be noted that the applied loads decreased with
172 the increase of loading time due to the development of deformation during the sustained loading tests,
173 which led to the applied loads less than the specified load. Once the applied loads dropped by 2%,
174 they were immediately adjusted back to the specified load level. The dial gages were used to measure

175 the loading point displacement (δ) and the crack mouth opening displacement (*CMOD*). Together with
176 the creep specimens, three specimens were made and kept under the same conditions, which were
177 served as reference specimens, named as the “aging specimens”.

178 ***TPB tests***

179 After the 30-day load duration, the creep specimens were removed from the frames and
180 immediately loaded up to failure under the TPB loading. The TPB tests were conducted in a 250 kN
181 closed loop servo-controlled testing machine under a displacement controlled mode at a loading rate
182 of 0.024 mm/min. Besides, the *CMOD* and the loading point displacement were measured by using
183 the clip gauges, see Fig. 2(a). Meanwhile, four clip gauges were distributed on one side of the
184 specimen to track the propagation of crack, see Fig. 2(b).

185 **Numerical Analyses**

186 Creep and relaxation are two different characteristics of one identical physical phenomenon for
187 viscoelastic material like concrete, which indicates that stress relaxation is accompanied by the
188 occurrence of creep. The stress relaxation usually occurs in the primary and secondary creep stages
189 (Yuan et al. 2013). Therefore, in this study, the stress relaxation was not considered when the load
190 increased from zero to the specified value, and it would be calculated at the beginning of the primary
191 creep stage. The creep model based on the stress power function proposed by Norton (Kraus and
192 Harry 1980) was employed to assess the effect of the stress relaxation at the crack tip in this study as

$$193 \quad \dot{\epsilon} = A \sigma^n \quad (1)$$

194 where A is the empirical constant, σ is the initial stress, and n is the exponential index for the stress
195 σ .

196 The whole creep deformation of concrete occurred in the stable creep stage so that the model by
197 Norton was appropriate to apply because it can reflect the variations of the strain under sustained

198 loading. In addition, for the concrete under sustained loading, the creep deformation can also be
199 calculated from

$$\delta = -\frac{1}{E} \frac{d\sigma}{dt} \quad (2)$$

201 where t is the loading time. By substituting Eq. (2) into Eq. (1) and making integration over time, the
202 stress variation over time can be obtained as (Naoki et al. 2011).

$$t = \frac{1}{AE(n-1)} \left(\frac{1}{\sigma^{n-1}} - \frac{1}{\sigma_0^{n-1}} \right) \quad (3)$$

204 where σ_0 is the initial stress at the time $t = 0$.

205 Once establishing the relationships between the loading point deformation and time (δ - t) and
206 between the stress and time (σ - t), the parameters A and n can be determined by fitting the δ - t curves
207 obtained in the sustained loading tests. It should be noted that the stress at the front of the pre-crack
208 decreased with the increase of the distance to the pre-crack tip under constant sustained loading. The
209 experimental results by Hamed (2016) indicated that a higher initial stress led to a larger stress
210 relaxation. Fig. 3 illustrates the stress variations in front of the pre-crack tip with respect to different
211 TPB loading times.

212 To verify the proposed model, finite element analyses for the TPB specimens were conducted.
213 The concrete was considered as an isotropic material and the adopted mechanical properties were
214 based on the experimental results, i.e. the tensile strength, elastic modulus and Poisson's ratio were
215 taken as 3.07 MPa, 39.1 GPa and 0.2, respectively. The element of Plane 182 provided by ANSYS FE
216 code was used in the numerical simulations, which is a 2-D 4-node element with quadratic
217 displacement behavior. It could also support the analyses of plasticity, creep, stress stiffening, large
218 deflection and large strain. The triangular mesh was adopted in the numerical simulation. Meanwhile,
219 considering the stress singularity on the crack tip, the region around the crack tip was set as singular
220 element to calculate the SIF at the tip of crack. Therefore, a circle was set about the tip of the crack,
221 where the crack tip is the center of the circle with a radius of 2 mm. The first row of elements around

the crack tip had a radius of 1/2 mm, and their mid-side nodes were placed at the quarter points, i.e. with a radius of 1/8 mm. The detail of the numerical mesh is shown in Fig. 4. In numerical analyses, a static analysis would be conducted first through applying the load to the specified value. Thereafter, a time-history analysis would be performed where the loading duration would be controlled as 30 days corresponding to the case in the creep tests. During the process of the time-history analysis, the deformations and stresses at different nodes would either increase or decrease over time, which can be determined based on Eqs. (2) and (3).

According to the research by Beushausen et al. (2012), the magnitudes of the ultimate relaxation in front of the pre-crack tip were approximately 20-45% of the initial stress, as shown in Fig. 5(a) where σ_t is the stress corresponding to the varying time t . By combining with the tested δ - t curves in this study and applying Eq. (3) to simulate the deformations of the specimens, the values of A and n were determined as 1.2×10^{-7} and 4, respectively. Accordingly, the range of the stress relaxation for different distances from the pre-crack tip approximately ranged between 20% and 45% of the initial stress. The comparisons of the δ - t curves between the numerical and experimental results for various loading levels are shown in Figs. 5(b) to (d), where the grey bands indicate the scattered results represented by three experimental curves for each case, and a good agreement between them can be observed. Here, C-30, C-60 and C-ini refer to the specimens subjected to $30\%P_{\max}$, $60\%P_{\max}$ and the crack initiation load, respectively. It can be seen that the displacement increased rapidly under the instantaneous loading (primary creep) and stabilized after a few days (secondary creep). Similar results were also observed by Omar et al. (2009) and Saliba et al. (2010; 2014) in their experiments. In summary, the obtained values of $A = 1.2 \times 10^{-7}$ and $n = 4$ in Eq. (3) can well reflect the viscoelastic characteristics of the concrete used in this study, so they can be employed to calculate the fracture parameters for the specimens under sustained loading.

The J -integral method was employed to calculate the SIF by means of the ANSYS FE code. The J -integral can be expressed as

$$J = \int_{\Gamma} \left[\left(w - \sigma_{xx} \frac{\partial u}{\partial x} - \tau_{xy} \frac{\partial v}{\partial x} \right) dy + \left(\tau_{xy} \frac{\partial u}{\partial x} + \sigma_{yy} \frac{\partial v}{\partial x} \right) dx \right] \quad (4)$$

where w is the strain energy density, σ_{xx} , σ_{yy} and τ_{xy} are the stress components, u and v are the displacement components on the integral path, and Γ is the path for the integration. Thus, the relationship between the J -integral, J , and the SIF, K , can be written as

$$J = \frac{K^2}{E} \quad (5)$$

By combining Norton's model and the J -integral method, the SIFs at various creep stages can be calculated accordingly.

Results and Discussion

As indicated above, after the 30-day load duration, the creep specimens were removed from the frames and immediately loaded up to failure under the TPB loading. The experimental results are listed in Table 2 where C-aging denotes the reference specimens, P_{ini} and P_{max} denote the initial cracking and peak loads, K_{IC}^{ini} and K_{IC}^{un} denote the initial fracture toughness and unstable fracture toughness, K_{IC}^{σ} denotes the SIF caused by the cohesive stress at the critical state, and G_f , $CMOD_c$ and a_c denote the fracture energy, critical crack mouth opening displacement and critical crack length, respectively. It can be seen that the fracture energy was little affected by sustained loading. However, compared with the C-aging series specimens, the mean values of P_{ini} for the C-30, C-60 and C-ini series specimens increased by 19.0%, 23.3% and 23.6%, while the mean values of P_{max} for the C-30, C-60 and C-ini series specimens increased by 10.8%, 14.0% and 16.5%, respectively. Both P_{ini} and P_{max} exhibited the increasing trends with the increased sustained load levels.

Effects of stress relaxation on the initial fracture toughness

After obtaining the initial cracking load from the experimental results, the initial fracture toughness K_{IC}^{ini} can be calculated from (Xu and Reinhardt 1999b)

$$K = \frac{3PS}{BD^2} \sqrt{a} F\left(\frac{a}{D}\right) \quad (6)$$

270 where P is the applied load, S is the loading span of the beam, B is the beam width, D is the beam
 271 depth, a is the crack length, and $F\left(\frac{a}{D}\right)$ can be calculated from

$$272 \quad F\left(\frac{a}{D}\right) = \frac{1.99 - \frac{a}{D}\left(1 - \frac{a}{D}\right)\left[2.15 - 3.93\frac{a}{D} + 2.7\left(\frac{a}{D}\right)^2\right]}{\left(1 + 2\frac{a}{D}\right)\left(1 - \frac{a}{D}\right)^{3/2}} \quad (7)$$

273 Table 2 lists the values of K_{IC}^{ini} obtained from Eq. (6). It can be seen that K_{IC}^{ini} increased significantly for
 274 all creep specimens compared with the C-aging series specimens. The mean values of K_{IC}^{ini} for the
 275 C-aging, C-30, C-60 and C-ini series specimens were $0.52 \text{ MPa}\cdot\text{m}^{1/2}$, $0.63 \text{ MPa}\cdot\text{m}^{1/2}$, $0.68 \text{ MPa}\cdot\text{m}^{1/2}$
 276 and $0.69 \text{ MPa}\cdot\text{m}^{1/2}$, respectively. Obviously, the increase in K_{IC}^{ini} for the creep specimens was caused
 277 by the increase of the initial cracking load P_{ini} if the stress relaxation was not considered in the
 278 analyses.

279 In the numerical analysis, three load levels, i.e. 1.22 kN, 2.43 kN and 2.75 kN, were applied onto
 280 the C-30, C-60 and C-ini series specimens, respectively. Fig. 6 illustrates the stress evolution over
 281 time at different nodes in front of the pre-crack tip obtained from the numerical analyses, where the
 282 distances of Nodes 1, 2 and 3 to the pre-crack tip were 0.131 mm, 0.240 mm and 0.325 mm,
 283 respectively. It can be seen that the stresses decreased rapidly over time and tended to be stable after
 284 10 days. Taking the C-ini specimen as an example, after loading over 30 days, the final stresses at
 285 Nodes 1, 2 and 3 dropped to 45%, 51% and 54% of their initial values.

286 In the following static TPB tests, the mean initial cracking loads obtained from the experimental
 287 results with respect to the C-aging, C30, C60 and C-ini series specimens were 2.75 kN, 3.28 kN, 3.39
 288 kN and 3.40 kN, respectively. The loading history in the tests can be summed up as follows. In the
 289 sustained loading tests, the load was hold as P_0 for 30 days and then unloaded to zero, while in the
 290 TPB tests, the load was reloaded to P_0 and increased successively to the initial cracking load P_{ini} and
 291 the peak load P_{max} , respectively.

292 Accordingly, the variations of the SIFs for the specimens in the sustained loading tests were
293 assessed using J -integral method, as shown in Fig. 7. It can be seen that the SIFs decreased rapidly in
294 the first day and became fully stabilized after a few weeks. For the C-30, C-60 and C-ini series
295 specimens, the SIFs at the end of the creep tests decreased from their initial values by 62%, 57% and
296 58%, respectively.

297 Fig. 8 illustrates the complete evolution process of the SIF in the creep and TPB tests. In the creep
298 tests with a sustained load P_0 , the SIF decreased rapidly from K_0 (Point A in Fig. 8) in the first day and
299 became fully stabilized after a few weeks until K_1 was reached (Point B in Fig. 8) at the end of the
300 creep tests. In the following TPB tests, the load increased from 0 to P_0 , i.e. the applied sustained load in
301 creep tests. At that moment, the SIF corresponding to P_0 would be K_2 (Point C in Fig. 8), which had an
302 increment of ΔK_1 from K_1 but was less than K_0 due to the effect of the residual stress relaxation in the
303 creep tests. Thereafter, the load increased to the initial cracking load P_{ini} and the initial fracture
304 toughness K_{IC}^{ini} could be obtained (Point D in Fig. 8). Finally, the peak load P_{max} was reached and the
305 unstable fracture toughness K_{IC}^{un} would be obtained (Point E in Fig. 8). It should be noted that the
306 values of K_{IC}^{ini} and K_{IC}^{un} , both considering the effects of the stress relaxation, were different from those
307 calculated using Eq. (6) based on the LEFM theory.

308 Figs. 9(a) to (c) illustrate the evolution processes of the SIFs for the C-30, C-60 and C-ini series
309 specimens obtained from the numerical analyses. In these figures, Points A to D corresponded to
310 those in Fig. 8. Taking the C-60 series specimens as examples, the SIF caused by the load of 2.43 kN
311 at the beginning of the creep tests was $0.43 \text{ MPa}\cdot\text{m}^{1/2}$ (Point A in Fig. 9(b)) and decreased by 0.24
312 $\text{MPa}\cdot\text{m}^{1/2}$ after 30 days (Point B in Fig. 9(b)). In the TPB tests, the SIF was $0.39 \text{ MPa}\cdot\text{m}^{1/2}$ caused by
313 the load of 2.43 kN (Point C in Fig. 9(b)), i.e. the load applied in the creep tests. This value was less
314 than the threshold value of $0.43 \text{ MPa}\cdot\text{m}^{1/2}$ from the LEFM theory due to the effect of the stress
315 relaxation. Thereafter, the crack initiated when the load reached 3.40 kN and the initial fracture
316 toughness was calculated as $0.53 \text{ MPa}\cdot\text{m}^{1/2}$, which was slightly different from the calculated value of

317 0.68 MPa·m^{1/2} from Eq. (6). Accordingly, the initial fracture toughnesses calculated using these two
318 methods for all specimens are also listed in Table 2.

319 In summary, based on the numerical results and considering the stress relaxation in the sustained
320 loading tests, the mean values of K_{IC}^{ini} for the C-aging, C-30, C-60, and C-ini series specimens were
321 determined as 0.50 MPa·m^{1/2}, 0.53 MPa·m^{1/2}, 0.53 MPa·m^{1/2} and 0.54 MPa·m^{1/2}, which corresponded
322 to the mean values of the initial cracking loads of 2.75kN, 3.28kN, 3.39kN and 3.40kN, respectively.
323 In contrast, based on the LEFM theory, the corresponding values were 0.52 MPa·m^{1/2}, 0.63 MPa·m^{1/2},
324 0.68 MPa·m^{1/2} and 0.69 MPa·m^{1/2}. It can be confirmed that for the creep specimens, the initial
325 fracture toughness would be overestimated if the influence of stress relaxation at the pre-crack tip
326 would not be considered and only the LEFM theory would be adopted. In fact, the actual K_{IC}^{ini} is not
327 affected by long-term loading and can still be regarded as the material parameter to determine the
328 crack initiation in the fracture analyses on the concrete under long-term loading.

329 *Effects of stress relaxation on the critical crack length*

330 The critical crack length a_c , i.e. the crack length corresponding to the maximum load, is a
331 significant parameter for assessing the critical crack propagation of concrete. To study the impact of
332 long-term loading on this parameter, the *CMOD* and four crack opening displacements (*CODs*) along
333 the ligament were measured using clip gages in the static TPB tests, as shown in Fig. 2(b). It can be
334 seen from Fig. 10 that the relationship between the values of the *CMOD* and the four *CODs* is
335 approximately linear. In addition, according to the experimental results, the mean value of crack tip
336 opening displacement (*CTOD*) corresponding to the initial cracking load, w_{ini} , of the aging specimens
337 was 8.423 μm, which can be used to determine the crack tip. Based on the relationship and w_{ini} , the
338 critical crack length can be determined. Accordingly, the influence of long-term loading on the
339 critical crack length can be obtained by comparing with those from the aging specimens.

340 Meanwhile, to clarify the impacts of long-term loading, the values of a_c derived from the
341 experiment and calculated from Eq. (8) (Tada et al. 2000) are listed in Table 2

$$CMOD_c = \frac{24P_{\max}a_c}{BDE} V\left(\frac{a_c}{D}\right) \quad (8)$$

For $S/D = 4$, the function $V\left(\frac{a_c}{D}\right)$ is given as follow

$$V\left(\frac{a_c}{D}\right) = 0.76 - 2.28\left(\frac{a_c}{D}\right) + 3.87\left(\frac{a_c}{D}\right)^2 - 2.04\left(\frac{a_c}{D}\right)^3 + 0.66\left(1 - \frac{a_c}{D}\right)^{-2} \quad (9)$$

where $CMOD_c$ is the crack mouth opening displacement corresponding to the peak load.

It can be seen from Table 2 that the values of a_c for the C-aging series specimens determined from the tests and Eq. (8) are very close, which validates the test method by using the clip gauges to determine a_c in this study. In addition, the values of a_c for the three series creep specimens, i.e. C-30, C-60 and C-ini series specimens, are close to those from the C-aging series specimens. Though the stress relaxation for the creep specimens led to the increase in $P_{\max}$, the increased $P_{\max}$ had little effect on a_c and Eq. (8) from the modified LEFM can still be utilized to calculate the critical crack length.

Effect of stress relaxation on the unstable fracture toughness

The unstable fracture toughness K_{IC}^{un} can be determined by substituting $P_{\max}$ and a_c into Eq. (6). Table 2 lists the calculated values of K_{IC}^{un} by utilizing Eq. (6), which indicate that the unstable fracture toughness increased with the increasing sustained loading. It should be noted that for the creep specimens, the calculated K_{IC}^{ini} from Eq. (6) could be overestimated because the effect of the stress relaxation was not considered. Hence, the calculated K_{IC}^{un} could also be overestimated if Eq. (6) was adopted.

The scenario would be different if the stress relaxation was considered in the fracture analyses. According to the research by Xu and Reinhardt (1999b), the relationship between K_{IC}^{ini} and K_{IC}^{un} can be expressed as

$$K_{IC}^{un} = K_{IC}^{ini} + K_{IC}^{\sigma} \quad (10)$$

Here, K_{IC}^{σ} is the SIF caused by the cohesive stress at the critical cracking state and could be calculated using Eq. (11), with its evolution from the crack initiation to unstable propagation illustrated in Fig. 8

$$K_{IC}^{\sigma} = - \int_{a_0/a_c}^1 2 \sqrt{\frac{a_c}{\pi}} \sigma(U) F(U, V) dU \quad (11)$$

where $V = \frac{a_c}{D}$, $U = \frac{x}{a_c}$, x is the range of the crack length, and the function $F(U, V)$ is given as

$$F(U, V) = \frac{3.52(1-U)}{(1-V)^{3/2}} - \frac{4.35-5.28U}{(1-V)^{1/2}} + \left[\frac{1.30-0.30U^{3/2}}{(1-U^2)^{1/2}} + 0.83-1.76U \right] [1-(1-U)V] \quad (12)$$

It can be seen that K_{IC}^{σ} is governed by $CMOD_c$ and a_c . According to the tested results in the experiment, the values of $CMOD_c$ and a_c under the static loading were very close to those under the sustained loading (see Table 2). The calculated values of K_{IC}^{σ} using Eq. (11) are listed in Table 2, which indicate that the values of K_{IC}^{σ} were little affected by sustained loading. In addition, based on the aforementioned study, the initial fracture toughness is also a material parameter without the effect of sustained loading. According to Eq. (10), therefore, the unstable fracture toughness also cannot be affected by the long-term loading although the peak loads were different under varied sustained loading levels.

Conclusions

The creep tests under three load levels, i.e. $30\%P_{max}$, $60\%P_{max}$ and the crack initiation load, were conducted on the TPB specimens for 30 days. After that, the specimens were removed from the frames and immediately loaded up to failure under the static TPB loading. Based on the experimental results, the effects of sustained loading on the fracture properties, including the initial cracking load P_{ini} , the peak load P_{max} , the fracture energy G_f , the critical crack propagation length Δa_c , the initial cracking toughness K_{IC}^{ini} , and the unstable fracture toughness K_{IC}^{un} , were discussed. By introducing Norton's model to take into account the influence of the stress relaxation in the creep tests, the evolution of the SIFs was numerically investigated by combining with the J -integral method. Based on the experimental and numerical results, the following conclusions can be drawn:

1. Compared with the experimental results from the static TPB tests, the sustained loading levels

387 had almost no effects on the tested values of G_f and Δa_c for the specimens after the long-term loading.
388 The increases in P_{ini} and P_{max} were observed for the creep specimens, resulting in the increases in K_{IC}^{ini}
389 and K_{IC}^{un} based on the LEFM theory.

390 2. In the creep tests, the SIFs decreased over time due to the stress relaxation in concrete, and their
391 magnitudes were associated with the sustained loading levels. Meanwhile, the stress relaxation led to
392 the increases in P_{ini} and P_{max} because the increments were used to fill the relaxed stress during the
393 creep process. However, compared with the aging specimens, K_{IC}^{ini} and K_{IC}^{un} of the creep specimens
394 were not affected by the sustained loading if the stress relaxations were considered.

395 3. Due to the effects of the stress relaxation, the calculated values of K_{IC}^{ini} and K_{IC}^{un} based on the
396 LEFM method in the case of sustained loading would be over-estimated due to the increased P_{ini} and
397 P_{max} . However, their real values were almost the same as those from the static TPB tests. In practice,
398 therefore, K_{IC}^{ini} and K_{IC}^{un} derived from the static TPB tests can still be used to assess the
399 cracking-resistance of concrete and the stability of concrete structures under different load levels.

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Table 1. Material properties of concrete at 28 days

Material property	E (GPa)	f_t (MPa)	f_c (MPa)
Quantity	33.5	3.07	39.10

Table 2. Experimental and numerical results of the TPB specimens

Specimens	P_{ini} (kN)	P_{max} (kN)	G_f (N/m)	K_{IC}^{σ} (MPa·m ^{1/2})	K_{IC}^{mi} (MPa·m ^{1/2})		K_{IC}^{un} (MPa·m ^{1/2})		$CMOD_c$ (um)	a_c (mm)	
					Eq.(6)	Num.	Eq(6)	Num.		Eq.(8)	Exp.
C-aging-1	2.72	3.92	102.6	0.96	0.52	0.49	1.29	1.45	38.31	49.4	49.9
C-aging-2	2.70	4.22	94.1	0.93	0.52	0.48	1.37	1.41	38.27	48.8	50.6
C-aging-3	2.84	4.08	104.3	0.87	0.54	0.51	1.27	1.38	36.18	47.4	48.2
Mean value	2.75	4.07	100.3	0.92	0.52	0.50	1.29	1.42	37.59	48.5	49.6
C-30-1	3.27	4.75	95.0	0.87	0.63	0.53	1.48	1.40	38.31	47.4	52.8
C-30-2	3.23	4.47	95.3	0.79	0.62	0.52	1.31	1.31	31.68	45.6	46.9
C-30-3	3.33	4.31	106.5	1.06	0.64	0.54	1.52	1.60	36.18	51.4	52.5
Mean value	3.28	4.51	98.9	0.90	0.63	0.53	1.44	1.43	35.39	48.2	50.7
C-60-1	3.42	4.70	100.4	0.84	0.71	0.53	1.43	1.37	32.11	46.8	48.8
C-60-2	3.40	4.54	106.7	1.02	0.67	0.54	1.55	1.56	36.18	50.6	51.2
C-60-3	3.36	4.68	96.9	0.91	0.68	0.53	1.49	1.44	36.18	48.2	50.6
Mean value	3.39	4.64	101.3	0.92	0.68	0.54	1.49	1.46	34.82	48.5	50.2
C-ini-1	3.40	4.61	106.7	0.88	0.69	0.54	1.44	1.42	32.72	47.6	52.9
C-ini-2	3.33	4.51	95.4	0.92	0.68	0.53	1.45	1.45	38.31	48.6	54.5
C-ini-3	3.49	5.10	102.8	0.97	0.71	0.55	1.69	1.52	36.18	49.6	48.5
Mean value	3.40	4.74	101.6	0.93	0.69	0.54	1.53	1.47	35.73	48.6	52.0

Fig. 1. Set-up of the creep test

(a) Measuring loading point displacement and *CMOD*

(b) Measuring crack opening displacements

Fig. 2. Experimental set-ups for the TPB tests after sustained loading

Fig. 3. Stress variations in front of the pre-crack tip over time

Fig. 4. Element mesh of the beam model

(a) Relative stress over time

(b) C-30 series

(c) C-60 series

(d) C-ini series

Fig. 5. Relative stress and loading point deformation versus time

Fig. 6. Evolution of stresses over time for creep specimens obtained from the numerical analyses

Fig. 7. Variations of the SIFs in the creep tests obtained from the numerical analyses

Fig. 8. Evolutions of SIFs in the creep tests and TPB tests

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(a) C-30 series

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(b) C-60 series

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(c) C-ini series

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Fig. 9. Evolutions of the SIFs for different series specimens obtained from the numerical analyses

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Fig. 10. Determination of the crack tip position based on the experimental results